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032: Managing Yourself and Leading Others to Higher Performance - 6.0 CEUs

CEU: 6.0 **Duration:** 18hours 30minutes **Tuition:** $5,700

Course Banner

Teachers:

- Nelson Ilodigwe PhD. (Dr. Ilodigwe holds a B.A. in Political Science and an M.P.A. in Public Administration from Texas Southern University, and a Ph.D. in Management and Organizations from the University of California, Los Angeles (UCLA).)

Course Topics:

- People Management
- Managers & Leaders

Program Locations & Dates:

- Houston, Texas USA: May 11-15
- Dubai, UAE: Jul 6-10
- Paris, France: Jul 13-17

Program Tags:

- Leadership

About Course

This course, Managing Yourself and Leading Others to Higher Performance, empowers professionals to enhance self-leadership and effectively guide their teams toward success. Through reflective exercises, leadership tools, and in-depth discussions, participants will learn to optimize personal effectiveness, navigate complex challenges, and foster high-performing teams within any organizational setting.

Course Overview

Think of the leaders you most admire. They seem to easily juggle competing demands, confidently motivate their teams to achieve optimum results, effectively navigate across the organization, and never lose their composure. These executives make the job look simple—but it's not.

Designed to help managers become more effective leaders, this 10-day program delves into the fundamentals of managing yourself, leading teams, and motivating others to accomplish your company's goals.

Through relevant readings, case discussions, and introspective exercises, you will gain a broader and deeper understanding of organizational culture and dynamics, management best practices, the role of the manager, and the nature of influence. As you explore your own personality, strengths, and weaknesses, you will begin to evolve a leadership style that is uniquely yours. You will return to work with new found confidence and an action plan for continuing your growth as a leader.

Program Benefits

- Improve your performance by strengthening your management skills
- Manage your team, your boss, and your colleagues more effectively
- Develop a management style that suits your unique personality
- Handle difficult management situations with greater certainty in your decisions
- Earn a 6.0 CEUs Certificate of Completion from the Americas Empowerment Institute/Texas University Department of Continuing Education

Course Outline

- Distinguishing management myth from reality
- Understanding the motivations of colleagues and competitors
- Recognizing strengths and blind spots in yourself and others
- Building emotional intelligence to communicate effectively
- Influencing others from a position of authority—or without authority
- Managing within organizational hierarchies
- Earning trust and building relationships
- Leading for long-term results

Why This Course Matters

Arjun Mehta
Operations Lead, India
"This course helped me understand how to lead authentically and navigate challenges without losing direction. The reflective sessions were transformational."

Sofia Martínez
Leadership Coach, Mexico
"I've attended many leadership seminars, but this one stood out for its personal development focus. It's not just about managing others, but managing yourself first."

Tinashe Chikafu
Program Director, Zimbabwe
"Every manager should experience this course. It teaches you to understand your leadership presence and how to bring out the best in others."

Course Content

Module 1: Leading with Awareness and Purpose
Discover your core values and explore how leadership style aligns with personal authenticity.

- **Distinguishing leadership myths from reality**
- **Clarifying values and aligning leadership intent**
- **Building personal accountability**

Module 2: Understanding Self and Others
Leverage emotional intelligence to foster productive relationships and gain influence.

- **Developing emotional intelligence and resilience**
- **Recognizing strengths and blind spots**

- **Adapting to different personality types**

Module 3: Motivating and Influencing Others
Master influence with or without authority while inspiring high-performing teams.

- **Managing team dynamics and motivation**
- **Influence strategies for managers**
- **Communicating to inspire action**

Module 4: Navigating Complex Organizational Challenges
Learn frameworks to manage uncertainty and navigate hierarchy and ambiguity.

- **Decision-making in ambiguous situations**
- **Managing upward and across departments**
- **Establishing trust in matrix organizations**

Module 5: Leading for Sustainable Performance
Create lasting impact through culture, trust, and long-term leadership development.

- **Creating performance-driven cultures**
- **Building trust and long-term engagement**
- **Designing a personal leadership growth plan**

Target Audience

This management training program is ideal for officers, relevant staffs, new or experienced managers in any function who want to become better leaders. Because management requires analyzing complex challenges, participants should expect to grapple with ambiguous situations that do not have simple solutions.

Certificate of Completion

Participants who successfully complete the "Managing Yourself and Leading Others to Higher Performance" course will receive a Certificate of Completion from AEMPIN in partnership with the Texas University Department of Continuing Education. This certificate recognizes your expanded capabilities in self-leadership, motivation, emotional intelligence, and organizational influence —marking your readiness to lead with clarity, confidence, and sustainable impact.

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